

# *Hereditary Hemorrhagic Telangiectasia*

*Or*

## *HHT*

*is an hereditary condition that affects blood vessels anywhere in the body.*

*HHT affects 1 in 5000 and can cause a number of health problems including,*

*Nosebleeds, Telangiectasia or red/purple dots on the skin, mouth or tongue*

*Gastric and intestinal bleeding,*

*Pulmonary, Liver and Brain AVMs*

*Pulmonary Hypertension*

*Anaemia*

*Untreated pulmonary AVMs can lead to infections and abscesses in the brain, strokes and other life threatening conditions.*

*If you, or someone you know, suffers with nosebleeds, talk to a doctor about HHT.*

*For more information go to [www.hhtuk.org](http://www.hhtuk.org)*

